

# WHAT CAN YOU DO TO PREPARE FOR A REVIEW?

- You will receive a parental contribution form from the school or Local Authority (LA). Please complete and return to school or the LA.
- Think about what you would like to discuss and what your contribution will be. E.g.:
  - What do you like and admire about your child? (Happy, kind, determined)
  - What is important to your child? (Activities, friends)
  - What is important for your child? (Health, behaviour intervention, additional support)
  - What is working well/not working?(What is going well or not for your child)
  - Questions (Do you have any questions?)



For more information on the One Page Profile and Person-Centred Planning, please contact your school ALNCo or the Inclusion Service on ...

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# PERSON CENTRED PLANNING



A Guide for  
Parents and Carers



## WHAT DOES PERSON CENTRED MEAN?

It means focusing on your child. How can you be actively involved with the process of helping the school and others to support your child?

## WHAT IS A PERSON CENTRED REVIEW?

It is all about:

- Listening and understanding your child's views and wishes.
- Supporting your child to think about what is important to them and for them.
- Helping your child to think about what is working and not working.
- Making sure that your child gets the best support from everyone for example, you, the school and other professionals.



## WHAT IS A PERSON CENTRED TRANSITION REVIEW?

This is the process when you and other professionals are involved with supporting your child's future.

The professionals will have a better understanding of how they can support your child in the way that is needed. A Transition Review is for young people who are 14 years old and over.

## WILL IT BE FORMAL?

Not at all!

It is an opportunity for everyone that is involved with supporting your child to engage together and celebrate their achievements.

It will have a friendly atmosphere and everyone will contribute to develop a realistic action plan for the future of your child.

## WHAT WILL BE DISCUSSED?

- Who is present
- What we admire and like about your child
- What is important to your child
- What is important for your child
- What is working well/not working
- Any questions
- Action Plan

## DOES YOUR CHILD CONTRIBUTE?

Your child will have their One Page Profile to show at the meeting, stating three key questions:

- What people admire/like about me
- What is important to me?
- How best to support me?

The school will prepare your child for the review and if appropriate they will attend. They can use symbols/photographs/write or in some cases a smart board will be used to demonstrate their achievements.

